

RENEW YOUR HEALTH

**Affordable
Ayurveda**

**Only \$55
for 3 sessions!***



**Consultations with
Ayurveda Health
Counselor Interns
supervised by
MMI Clinical Faculty.**

**Includes Three In-Person
Sessions:**

- 1-Hour Initial Consultation
- Two Follow-up Appointments



**MOUNT MADONNA
INSTITUTE**
College of Ayurveda

Ayurvedic Consultations

Discover the root causes of your health imbalances including energy, immunity, sleep, weight, digestion, and more!

Visit Includes:

- Detailed medical history taking to get a clear idea of the causative factors involved.
- Focused Ayurvedic evaluation of your pulse, tongue, eyes, skin and nails.
- Evaluation of Ayurvedic Mind-body Type (Prakruti) and imbalances (Vikruti).
- Ayurvedic Health Plan may include Diet, Health Routine, Herbs, Yoga & Meditation.

Schedule an Appointment Now

Natasha Samson, Ayurvedic Counsellor Intern

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* Must commit to all three sessions.

MountMadonnaInstitute.org